

# MALAYSIAN JOURNAL OF NUTRITION

## Guidelines for submitting manuscripts

The **Malaysian Journal of Nutrition** welcomes manuscripts on all aspects of nutrition in the form of original articles, review articles, case-reports, short communications, book reviews and letters to the Editor. To avoid delays in publication, authors are advised to adhere closely to the instructions below.

### *Manuscript*

Manuscripts should be typed on one side only, in double-spacing, with a margin of 3 cm on the left-hand side of the page. All manuscripts should be submitted in triplicate (original and two copies). A copy on a diskette should be submitted when the last revision of the manuscript is requested.

The title page should state the title of the paper, full first name and surname of each author, name of authors' departments and institutions, city and country. Also enclose the complete postal address, telephone number, fax number and e-mail address of the author who will be responsible for all correspondence regarding the manuscript.

An abstract not exceeding 250 words in length should be provided. Introduction, Materials and Methods, Results, Discussion, Acknowledgements and References should follow with each section beginning on a fresh page.

Manuscripts may be submitted in Bahasa Malaysia but must be accompanied by an abstract in English.

### *Citations and References*

In the text, references are cited by the surname(s) of the author(s) and year of publication parenthetically at the appropriate place. Three authors appear in full on first citation, e.g. Bray, Whipp & Koyal (1994), but subsequently as Bray *et al.* (1994). For four or more authors, indicate the first author followed by *et al.*

In the Reference section, list the references in alphabetical order. For each reference, all authors' names should be included. Examples of correct forms of references are given below:

#### 1. Journal

Name of the journal abbreviated according to the "World list of scientific periodicals". Do not place full stops between initials.

Chong YH, Tee ES, Ng TKW, Yap SB & Mok SK (1982). A study of the food intake and nutritional status of the armed forces. *Med J Malaysia* 37:46-51.

#### 2. Books and Monographs

Balkan J (1998). *Herbal Remedies*. The Guernsey Press, United Kingdom

De Rose L, Messer E & Millman S (eds) (1998). *Who's Hungry? And How Do We Know?* United Nations University Press, Tokyo

Underwood BA (1998). Prevention of Vitamin A Deficiency. In: *Prevention of Micronutrient Deficiencies*. Howson CP, Kennedy ET & Horwitz A (eds). National Academy Press, Washington D.C.

### ***Tables and Illustrations***

Each table should be typed double-spaced on a separate sheet of paper. Tables should be numbered consecutively and should be completely labeled so as to be comprehensible without reference to the text. Omit internal vertical lines.

All illustrations and diagrams should be referred to as figures and numbered consecutively. Each illustration should be on a separate sheet of paper. Submit good quality original or glossy prints for direct reproduction. Photocopies of illustrations are not acceptable.

Roman numerals should be used when numbering tables and illustrations. Tables and illustrations should be kept to a minimum.

### ***Units and Abbreviations***

All measurements should be reported using the metric system. Explain any abbreviations unless immediately obvious.

### ***Proofs***

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